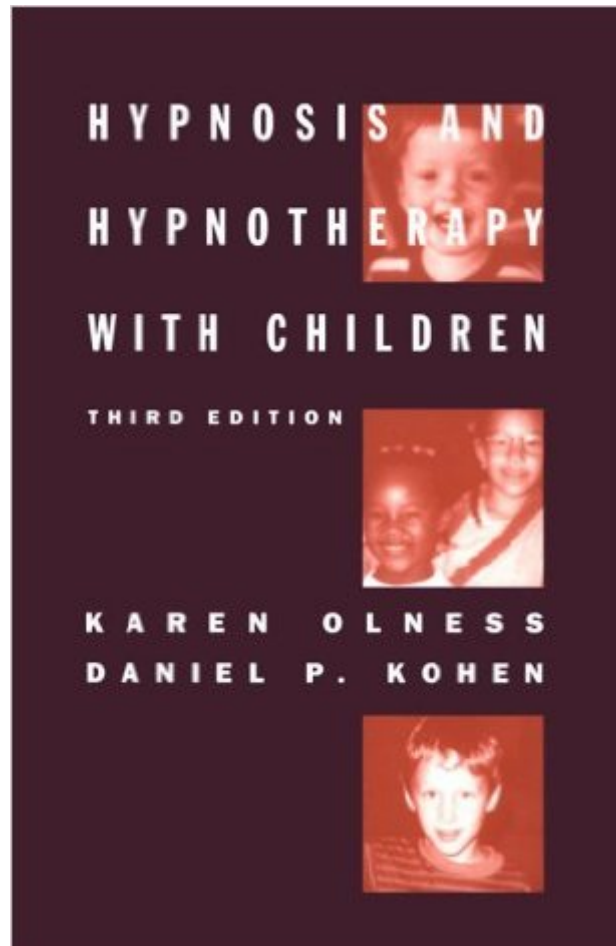


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# Hypnosis And Hypnotherapy With Children: Third Edition



## Synopsis

The definitive work in the field, this volume provides comprehensive coverage of the theory and practice of hypnosis and hypnotherapy with young patients. Within a developmental framework, chapters describe the wide variety of induction techniques and strategies currently available to the practitioner. Procedures are outlined for using hypnotherapy in the treatment of psychological disorders, habit disorders, learning and performance difficulties, grief, and other problems. Also addressed are pediatric medical and surgical applications, with discussions of over 40 different clinical situations in this area alone. Promising uses of child biofeedback and self-hypnosis techniques are reviewed, and guidelines for teaching child hypnotherapy presented. Throughout, the volume is richly illustrated with case examples and session vignettes.

## Book Information

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## Customer Reviews

This book's first edition was published in 1981, describing itself as a "comprehensive text...[providing] an up-to-date survey of the available information on child hypnotherapy...a detailed, thorough, and stimulating source of ideas and creative approaches to understanding children and helping them develop their potential to the fullest." The revised and expanded third edition includes new material, but hasn't changed substantially from the first edition - it is hard to improve on perfection. In its latest incarnation, this third edition remains the "gold standard in the field." For more specifics, do see my published review on this book in the *Journal of the American Academy of Child and Adolescent Psychiatry*, 36:12, December, 1997, pages 1782-3

As it states, at the time of publishing (1981) there was only one other book written on the topic, 20 years ago, and it was only a brief overview. As this literature was long overdue, the authors were highly motivated in writing it, as you can imagine. This is one of the better books on hypnosis; the information is still true today. I have not read any newer books on this particular subject, but if you're looking for an excellent place to start, you can feel totally confident in purchasing this book. And unlike so many other books I have read, which deal with theory and clinical considerations ... this book includes the complete hypnotic pattern for administering suggestibility tests. That alone makes it worth the purchase (I think I paid a penny for mine); but you will find much more than that. This book is a fantastic resource and if you're a practicing hypnotist, it ought to be on your bookshelf, in your mind. Go on now, reach for it. That's it, you've got it!

Truly the most comprehensive review of the medical/psychological literature on the topic of hypnosis in children. Dr.'s Kohen and Olhness have done it again.

Unaware this is a book on case studies, I was disappointed when I purchased it hoping to learn the methods in helping my own children. This book is great for reading past studies and the end results of how other doctors feel, but the paragraphs and examples they give are not in depth enough to assist in understanding. Perhaps breaking the book down and going more into detail would work better, but this book appears as a compilation of other doctors' theories wrapped up with these doctors' opinions.

Great book for hypnotherapists!!!

Disappointed the cover is a bland silver and not the cover as shown on . Content is useful.

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